



1801 NW 80 Blvd., Gainesville, FL 32606

June 2023

Memorandum

TO: All Member School FHSAA Principals, Representatives, and Athletic Directors
FROM: Justin Harrison, Associate Executive Director for Athletic Services
SUBJECT: **Classes Required for Student-Athletes**

IMPORTANT NOTE: THESE COURSES ARE REQUIRED ANNUALLY.

The FHSAA requires all **student-athletes** for all sports at all levels to complete the **FREE** NFHS “*Concussion in Sports*” the “*Sudden Cardiac Arrest*” and “*Heat Illness Prevention*” courses prior to the first practice of their sport **annually**.

COURSES MUST BE COMPLETED AFTER MARCH 1, 2023 to count for School Year 2023-24

The following are instructions for ordering and completing the required courses:

STUDENT-ATHLETES – (you will need to make a profile as this is not associated with any school passwords or usernames)

NFHS “Concussion in Sports”, “Sudden Cardiac Arrest” and “Heat Illness Prevention”

Beginning a Course

Step 1: Go to **www.nfhslearn.com**.

Step 2: “**Sign In**” to your account using the email address and password you provided at time of registering for an nfhslearn account.

OR

If you do not have an account, “**Register**” for an account.

Step 3: Go to “courses”. Search for and select course (Concussion in Sports, Sudden Cardiac Arrest or Heat Illness Prevention)

Step 4: Click “Order Course” and go through the checkout process (even though it is free you still need to “purchase” it).

Step 5: From your “**Dashboard**,” click “**My Courses**”.

Step 6: Click “**Begin Course**” on the course you wish to take.

*Your course will launch on the same page of the web browser.

Click “Back to Dashboard**” when ready to exit course.

For help viewing the course, please contact the help desk at NFHS. There is a tab on the upper right hand corner of **www.nfhslearn.com**. If you should experience any issues while taking the course, please contact the NFHS Help Desk at 1-317-565-2023.

For questions on the requirement to view the courses, please contact Justin Harrison at (352) 372-9551, ext. 180, or e-mail to **jharrison@fhsaa.org**.