



The Collier County Public Schools' (CCPS) **CONFIDENTIAL** Emotional Wellness Program is a FREE\* benefit available to you and your family members during those times in your life when you need support or just need someone to listen. This is an integrated, HIPAA-compliant Emotional Wellness Program (EWP) providing you with several options:

- Community Health Partners' (CHP)\*\* team of licensed counselors is available to meet on-site, Monday-Friday, 8AM-6PM, evening and Saturday Morning appointments are also available, or
- Guidance Resources has licensed counselors to assist you whenever you need support, 24 hours a day, 7 days a week, 365 days a year

CHP's and Guidance Resources' counselors are trained to help you with personal or professional challenges you face. They provide confidential emotional support with any issue, including:

- Anxiety
- Depression
- Stress
- Grief
- Loss
- Life adjustments
- Relationship
- Marital conflict

CHP also offers telehealth services!

To help you determine the best way the CCPS Emotional Wellness Program can meet your needs, follow the chart to the right.

\*The CHP program is FREE if enrolled in the CCPS Medical Plan. The Guidance Resources program is FREE for all benefit-eligible employees.

# I NEED EMOTIONAL WELLNESS SUPPORT

## I NEED SOMEONE NOW!

I prefer a CHP onsite counselor

Call CHP (239) 659-7751

It's after hours/weekend/holiday. Who do I call?

Call Guidance Resources (855) 801-8079

I prefer someone not associated with the CHP onsite program

## I CAN WAIT FOR AN APPOINTMENT

I prefer a CHP onsite counselor

Call CHP (239) 659-7751

I prefer someone not associated with the CHP onsite program

Call Guidance Resources (855) 801-8079

## I NEED HELP FINDING RESOURCES

- Work-Life
- Legal Guidance
- Financial Resources
- Online Support

See Guidance Resources below or call (855) 801-8079

### Guidance Resources offer services in the following:

#### Work-Life

- Child and elder-care
- Finding a contractor
- Pet care
- Planning a trip or event

#### Legal Guidance

- Divorce
- Adoption
- Family Law
- Wills and trusts

#### Financial Resources

- Retirement planning
- Relocation
- Mortgages
- Budgeting
- Bankruptcy

#### Online Support

- Podcasts
- Videos
- Trainings
- "Ask The Expert"

\*\*Note: On-site sessions can be scheduled at the CCPS Administrative Center or at Community Health Partners' (CHP) main office.

Visit Guidance Resources online at [www.guidanceresources.com](http://www.guidanceresources.com) (ID: CCPSEWP)

The CCPS Emotional Wellness Program is completely confidential and is HIPAA-compliant

