

# POSITIVE IMPACTS OF ATHLETICS AND INTRAMURAL SPORTS

## PHILOSOPHY OF THE HIGH SCHOOL ATHLETIC PROGRAM:

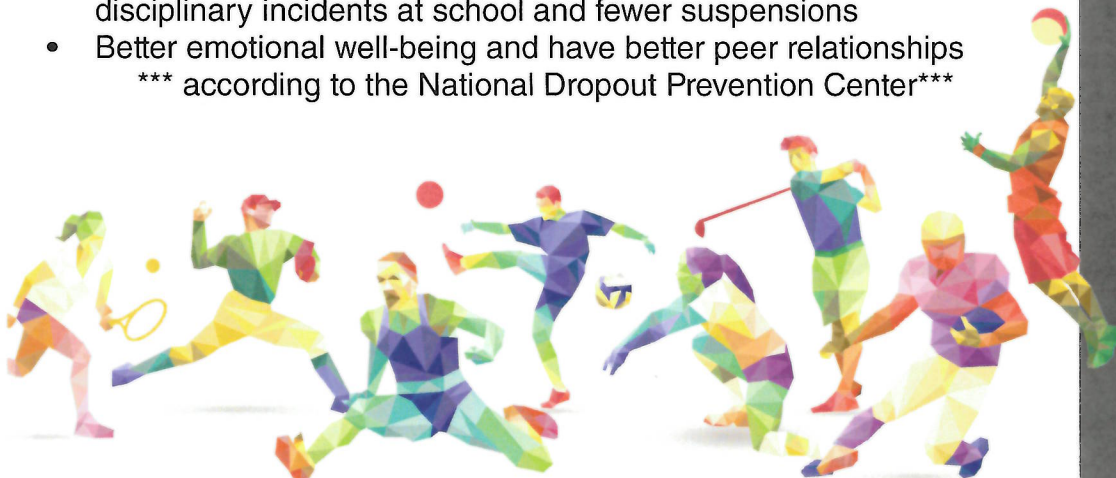
- Stress the values of fair play
- Recognize that the purpose of competitive athletics is to promote the physical, moral, mental, social, and emotional well-being of the individual
- View an athletic contest in the proper perspective, as a game rather than a “do or die” effort
- Downplay all conduct that tends to lessen the highest values of the game
- Stress the highest ideals of ethical conduct, sportsmanship, and fair play
- Show courtesy and respect to all visiting teams, fans, and officials
- Encourage the development of leadership, initiative and good judgment in all team members

## GOALS OF THE MIDDLE SCHOOL ATHLETIC PROGRAM:

- To provide opportunities for as many students as possible to participate in an intramural athletic setting
- To provide an opportunity for individuals and teams to pursue excellence in their sport through interscholastic competition
- To promote in students an enthusiasm and positive perception of their school experience

## Participating students often demonstrate:

- Increased achievement, regular attendance, good behavior, and a reduction in grade retention
- Improved social skills and behavior, which results in fewer disciplinary incidents at school and fewer suspensions
- Better emotional well-being and have better peer relationships  
\*\*\* according to the National Dropout Prevention Center\*\*\*



## High School Varsity Sports

### Fall Sports

Boys & Girls Cross-Country  
Boys & Girls Swimming and  
Diving  
Football  
Boys & Girls Golf  
Volleyball  
Cheerleading

### Winter Sports

Boys & Girls Basketball  
Boys & Girls Soccer  
Wrestling  
Cheerleading

### Spring Sports

Softball  
Baseball  
Boys & Girls Lacrosse  
Boys & Girls Track  
Boys & Girls Tennis

## Middle School Athletics

### FALL SPORTS

Boys & Girls Cross-Country  
Boys & Girls Volleyball

### WINTER SPORTS

Boys & Girls Basketball  
Boys & Girls Soccer

### SPRING SPORTS

Boys & Girls Track



# CCPS

Collier County Public Schools