



BEHAVIORAL MENTAL HEALTH RESOURCES

Researching available resources can be a daunting and time-consuming task for parents and guardians. Below is a list of organizations that offer support for parents. The providers included have indicated they provide services to children and youth.

LOCAL SERVICES

CATHOLIC CHARITIES (catholiccharitiesdov.org/locations/naples)

2210 Santa Barbara Boulevard, Naples - 239.455.2655 Counseling services to children and adults.

CENTER FOR PROGRESS AND EXCELLENCE (progressandexcellence.com)

501 Goodlette Road North, Unit C-206, Naples - 863.342.4942 Individual and family counseling for *uninsured* individuals and families on a sliding scale basis. Available in English, Spanish, and Creole.

CHILDREN'S ADVOCACY CENTER OF COLLIER COUNTY (www.cacollier.org)

1036 Sixth Avenue North, Naples - 239.263.8383 Counseling for treatment of past/present physical and sexual abuse. Serves siblings of victim of abuse. Referrals are usually made through the Department of Children and Families, but self-referrals are accepted. Parenting classes available. Counseling may be available in Spanish.

COLLIER COUNTY SHERIFF'S OFFICE

MENTAL HEALTH UNIT - 3319 Tamiami Trail East, Building J, Naples - 239-252-0903

YOUTH RESOURCE CENTER - 3315 Tamiami Trail East, 5th Floor, Naples - 239-252-0900 Referral resources for youth and families for access to assessments, individuals and group counseling, substance abuse counseling and education, anger management and crisis intervention, parent support groups and skills training, mentoring services, community service opportunities, and recreational and sporting activities.

(www.colliersheriff.org/we-ca-help/parent-resources/youth-resource-center)

DAVID LAWRENCE CENTER (davidlawrencecenter.org)

6075 Bathey Lane, Naples - 239.455.8500 Children's mental health treatment services including Inpatient Crisis Stabilization, Outpatient Services, Speciality Court-Related Services, and Holistic Therapies. "Parenting Today" classes provided for parents of children 5-12 years of age. Offers 24-hour crisis intervention.

FSU CENTER FOR CHILD STRESS AND HEALTH (www.fsustress.org)

1441 Heritage Boulevard, Immokalee - 239.658.3123

HEADS HEALING EDUCATION ALTERNATIVES FOR DESERVING STUDENTS (www.headsusa.com)

1001 East Baker Street, #202, Plant City - 239.689.4745 or 813.754.5555 Therapeutic services for at-risk youth.

HEALTHCARE NETWORK OF SOUTHWEST FLORIDA

239.658.3000 Treatment for the whole person - mind and body - throughout the life cycle. Behavioral Health providers available for same-day screens/consults or scheduled appointments in Children's Care and Family Care.

NAMI - HUGS OF COLLIER COUNTY (www.namicollier.org - gayla@namicollier.org)

5263 Golden Gate Parkway, Naples - 239.260.7300 or 239.260.7307 Prevention and intervention of social, emotional, behavioral, and mental health challenges for children 3 months to 18 years of age. Provides screenings, Global Family Analysis, and system navigation. Support groups for parents of children diagnosed with a mental illness ages 6-18. For services in Spanish, please call Erika at 239.260.7310.

NCH SAFE AND HEALTHY CHILDREN'S COALITION (www.safehealthychildren.org)

239.643.4033 No cost water safety programs and curriculum-based swimming skill classes taught by certified water safety instructors and lifeguards. Resources and programs available to combat childhood obesity, prevent childhood drowning, and injury prevention. Offers free home door and window alarms for at-risk children

SHELTER FOR ABUSED WOMEN AND CHILDREN (www.napleshelter.org)

239.775.1101 24-hour crisis counseling, emergency shelter, outreach counseling, arts and healing, elder abuse program, children's program, and prevention program.

YOUTH HAVEN (www.youthhavenswfl.org)

5867 Whitaker Road, Naples - 239.774.2904 Counseling and innovative, animal-assisted play therapy. Offers a homeless teen shelter and transitional living program.

**COLLIER COUNTY PUBLIC SCHOOLS
DISTRICT WEBSITE**
www.collierschools.com

MENTAL HEALTH WEBSITE
www.collierschools.com/mentalhealth

**SOCIAL EMOTIONAL LEARNING
(SEL) WEBSITE**
www.collierschools.com/grit

DEVELOPMENTAL SCREENING

FLORIDA DIAGNOSTIC AND LEARNING RESOURCES SYSTEMS (FDLRS)

www.leeschools.net/parent-services

239.337.8363 or 239.337.8199

Information, training, and support for families of children with exceptionalities. FDLRS Child Find offers free screenings for children (birth to 5 years of age) who have or are at-risk of developing disabilities or learning problems.

GRIEF SUPPORT

AVOW - AUNT JANET'S HOUSE

avowcares.org/avowkids

1301 Whipoorwill Lane, Naples - 239.280.2285

Grief support for children/teens and their families.

VALERIE'S HOUSE

www.valerieshouseswfl.org - 239.841.9186

info@valerieshouseswfl.org

Grief support for children/teens and their families.

CRISIS RESPONSE

MOBILE CRISIS HOTLINE - 1.844.395.4432

Services available 24 hours a day, 7 days per week. Available for **all ages**, with prioritization to minors under the age of 18.

CRISIS TEXT LINE - TEXT 'HOME' TO 741741

www.crisistextline.org - free service

PROJECT HELP - 239-262.7227

www.projecthelpnaples.org - 24-hour Crisis and Referral Hotline for victims of sexual violence, sudden death and other crimes

LOCAL ACTIVITIES FOR KIDS

ACADEMIC AND AFTER-SCHOOL PROGRAMS (neafamily.com/directory/ccps-activity-guides)

Neapolitan Family partnered with CCPS to produce an Activities Guide listing academic and after-school programs. Published three times yearly, this Guide is available through your child's school in August, December, and April.

CITY OF NAPLES (www.naplesgov.com - jfox@naplesgov.com)

1600 Fleischmann Boulevard, Naples - 239.213.3020 Variety of activities year-round that range from preschool age to adults including arts, water sports, language, and more. Specialty camps offered for children age preschool to teens. Summer camp specifically for children with special needs also available (located at River Park).

COLLIER COUNTY PARKS & RECREATION (www.collierparks.com - pegruby@colliergov.net)

15000 Livingston Road, Naples - 239.252.4045 Variety of affordably-priced special needs programs at the Golden Gate Community Park, including Kids' Fun Night, Let's Ride a Bike, Holiday Parties, and Accessible Sailing.

CONSERVANCY OF SOUTHWEST FLORIDA (www.conservancy.org - info@conservancy.org)

1495 Smith Preserve Way, Naples - 239.262.0304 The Little Explorer Play Zone (18 months to 5 years old) allows young conservationists to explore nature and discover wildlife through multi-sensory, interactive activities, stories, and animal-themed crafts. Free play from 9:30 a.m. to 4:30 p.m. every day the Nature Center is open.

EMOTIONAL REGULATION BOOT CAMP (www.msaudra.com - audrabortxma@yahoo.com)

6734 Lone Oak Boulevard, Naples - 239.963.7274 Offers four hours of therapy per day to assist with emotional regulation. Occupational therapy helps with sensory issues, poor handwriting, and body awareness. The camp focuses on social skills training, anger management, self-esteem, positive self-talk, and conflict resolution. On Fridays, children and counselors go into the community and practice these skills in various environments. The program also offers social skills groups for children in grades 4-12, which meet every two weeks for 1.5 hours.

FREEDOM WATERS FOUNDATION (info@freedomwatersfoundation.org)

239.449.9780 An adaptive sailing program offered at Sugden Regional Park on Lake Avalon through the season on Tuesdays, Wednesdays, Thursdays, and Saturdays from 12:00 p.m. to 4:00 p.m. Individuals with physical and developmental challenges are welcome to learn to sail to the best of their abilities.

GOLISANO CHILDREN'S MUSEUM OF NAPLES (www.cmon.org - info@cmon.org)

15080 Livingston Road, Naples - 239.514.0084 Wide variety of daily/weekly/monthly programs with emphasis on science, technology, engineering, arts, and math. After-hour Sensory Nights for children on autism spectrum and/or other sensory integration disorders available on the 4th Tuesday of every month from 5:00 p.m. to 7:00 p.m. Cost is \$5 per person over the age of one; free for members. Summer camps also offered.

HOUSE OF GAIA (www.houseofgaia.org - salima@houseofgaia.org)

1660 Trade Center Way, Naples - 239.272.6152 Provides a safe, fun, and creative environment with programs for children and adults with special needs.

KIDZACT - SUGDEN COMMUNITY THEATER (www.naplesplayers.org)

701 5th Avenue South, Naples - 239.434.7340 ext. 127 or 239.263.7990 Offers after-school, weekend, and summer theater classes for ages 4-18. Scholarships available.

LITTLE LEAGUE CHALLENGER DIVISION

Fleischmann Park, Naples - 239.601.1387 Offers an adaptive baseball program for individuals with physical and intellectual challenges ages 4 to 18, or up to age 22 if still enrolled in school.

MAGNUM OPUS RANCH, INC - EQUINE-ASSISTED GROWTH FOR YOUTH

(www.magnumopusranch.org - daphnie@magnumopusranch.org)
256 Rose Apple Lane, Naples - 239.537.5960 Specialized horsemanship programs and clubs to help children and teens struggling with behavioral difficulties or disorders.

NAPLES BOTANICAL GARDENS (www.naplesgarden.org - info@naplesgarden.org)

4820 Bayshore Drive, Naples - 239.643.7275 Offers a W.O.N.D.E.R. weekend family program every Saturday and Sunday from 10:30 a.m. to 12:00 p.m. Explore the Children's Garden with monthly themed lessons and activities.

NAPLES THERAPEUTIC RIDING CENTER (naplestherapeuticridingcenter.org - info@NTRC.org)

206 Ridge Drive, Naples - 239.596.2988 Sessions include exercises and games while on horseback. Activities are tailored to the rider's individual needs and designed to help improve their abilities.

NAPLES ZOO AT CARIBBEAN GARDENS (www.napleszoo.org - education@napleszoo.org)

1590 Goodlette-Frank Road, Naples - 239.262.5409 Offers education and conservation programs, as well as Safari Squad family programs on Tuesday, Wednesday, and Saturday every month for children ages 3-5. Free admission the 1st Saturday of each month for Collier County residents.

PARAGON MOVIE THEATERS (www.paragontheaters.com - questions@paragontheaters.com)

833 Vanderbilt Beach Road, Naples - 239.596.0088 Free movie nights for students and monthly sensory-friendly movie screenings.

YOUNG LIFE CAPERNAUM (www.naples.younglife.org - miranda@naples.younglife.org)

239.595.7157 Offers programs throughout Collier County for middle and high school students including specialized programs for teen moms and kids with special needs.

STATE RESOURCES

FLORIDA DEPARTMENT OF CHILDREN AND FAMILIES: MENTAL HEALTH

www.myflfamilies.com/service-programs

MENTAL HEALTH ASSOCIATION OF SOUTHWEST FLORIDA www.mhaswfl.org

SEDNET www.sednetfl.info

NATIONAL RESOURCES

ADHD AND KIDS: MENTAL HEALTH AMERICA www.mentalhealthamerica.net

AMERICAN ACADEMY OF CHILD AND ADOLESCENT PSYCHIATRY (AACAP) www.aacap.org

AMERICAN ACADEMY OF PEDIATRICS (AAP) www.healthychildren.org

AMERICAN ASSOCIATION OF SUICIDOLOGY www.suicidology.org

CASEL www.casel.org/in-the-home

CENTER ON THE SOCIAL AND EMOTIONAL FOUNDATIONS OF EARLY LEARNING csefel.vanderbilt.edu/resources/family.html

CHILD AND ADOLESCENT MENTAL HEALTH: NATIONAL INSTITUTE OF MENTAL HEALTH www.nimh.nih.gov

FEDERATION OF FAMILIES FOR CHILDREN'S MENTAL HEALTH www.ffcmh.org - 703.684.7710

HALF OF US www.halfofus.com

MENTALHEALTH.GOV www.mentalhealth.gov

NATIONAL ALLIANCE ON MENTAL ILLNESS www.nami.org - 1.800.950.6264 (helpline)

NATIONAL MENTAL HEALTH INFORMATION CENTER www.samhsa.org

NATIONAL SUICIDE PREVENTION LIFELINE suicidepreventionlifeline.org or 1.800.273.TALK (8255)

PARENT TOOLKIT www.parenttoolkit.com

SOCIETY FOR THE PREVENTION OF TEEN SUICIDE www.sptsusa.org/parents

THE JASON FOUNDATION PARENT RESOURCE PROGRAM jasonfoundation.com/get-involved/parent

THE TREVOR LIFELINE www.thetrevorproject.org

UNDERSTOOD www.understood.org

ZERO TO THREE www.zerotothree.org