

Gator Gazette

Online



May 7, 2020

Mother's Day

Monzerrat Cortes-Loyola

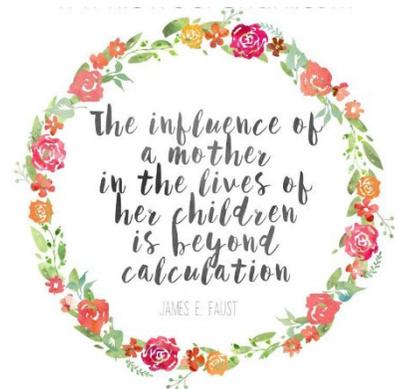
Mother's Day is on Sunday, May 10th which is indeed very soon. It is a day when we celebrate all our mothers have done for us. Although we may not always need gifts to show our love and affection, they are certainly nice. With everything going on and having to stay home there are still a variety of ideas to go off from. This Mother's Day there may be nurses who are still risking their lives instead of staying home with their families and we should take a moment to appreciate that.

If your mom is into cooking these types of gifts ideas are recommended baking supplies, cookbooks, different spices, aprons, and oven mittens. You can find some of your mothers' favorite things to cook or bake with special twists involved and to take it up a level get the certain supplies that can be used with the recipes. To top off the meal or dessert pick different spices that will complete the product. If sewing is not your cup of tea you can order aprons or mittens from amazon but if it is and you have materials at home you can make them into a style you know your mom will love.

When your mom is always at work a gift, basket filled with all her necessities for the day will come in handy. Ranging from snacks, energy drinks, coffee and tea bags, notepads and pens. You can get a tumbler for her so she can always have a cup of coffee or any other drink on the go. Gift cards to a fancy restaurant or a special spa day or any clothing store is also a suggestion. Photos of your family for her office desk which can help motivate her on rough days. Foot hammocks and pillows to provide comfort and support during her office hours as well.

For an athletic mom some fitness gifts like sneakers for morning runs which she may like it if you go with her. A Fitbit watch for keeping track of her pace and earbuds to go with the daily runs are some selection that you may consider getting.

Make sure her workout wardrobe is up to date with the latest trends and while you're at it get her new yoga mats and gym bags to match the outfits. An upgrade on a gym membership or extra classes added may also be something to keep in mind when preparing everything.



Anya McLaughlin

Cinco de Mayo! Here in the USA, it means a time for tacos, parties and all things Mexican, but what is all the hubbub about? What is Cinco de Mayo? Why do we celebrate it? And do they celebrate it in MEXICO?

Many people believe that Cinco de Mayo is Mexico's Day of Independence kind of like our 4th of July, but that would be incorrect. Cinco de Mayo commemorates ONE single battle: The Battle of Puebla. When Benito Juarez became President of Mexico in 1861, he inherited a bunch of debt and could not pay back European governments. Therefore, France, Spain and Britain sent armed ships to Mexico to demand payment. Britain and France negotiated and left; but France was ruled at the time by Napoleon the III, he took this as an opportunity to try to acquire some land.

On May 5th, the poor-equipped Mexican army prepared to battle with France in the battle of Puebla. The battle lasted all day long and when the French retreated, they had lost 500 soldiers and Mexico had only lost 100. It was not a great significant battle; however, it proved that they could defeat a great power such as Britain and gave the people much hope.

Would it surprise you to know that Cinco de Mayo is not widely celebrated in Mexico? Mostly it is celebrated in the town of Puebla where the battle took place. They might have parades and reenactments of the battle of Puebla. It is not even considered a National Holiday! All banks, schools and federal agencies are open. So, if it's not celebrated in Mexico, why do we celebrate Cinco de Mayo in the US? In the US, Cinco de Mayo is mostly a celebration of Mexican heritage and culture. It has become widely popular in the US. We celebrate with tacos, mariachi music, parades and all things that celebrate this great culture. Viva Mexico, Olé!

History of Mother's Day

Aidan Zamora and Christopher Ortiz

Mother's Day is a holiday honoring mothers around the world. We celebrate this day to express our love and respect to our mothers and to acknowledge the sacrifices moms do for their children. Mothers day will happen on the 10th of May this year. You know this holiday as appreciating the one who gave birth to you. But, do you know the history behind it? You might think Mother's Day is a holiday recently made up but the truth is that it has a lot of history behind it. Here is the history behind it.

Mother's Day was first celebrated in 1908, when a woman named Anna Jarvis held a memorial for her mother at St Andrew's Methodist Church in Grafton, West Virginia, and she started a campaign in 1905 to make Mother's day an official holiday, But back in the old times, ancient Greeks and Romans held festivals in honor the the mother goddesses, which were Rhea and Cybele. In 1908, the U.S. Congress rejected the proposal to make Mother's Day an official holiday and even joked about it but, by 1911, all U.S. states saw the holiday and some states officially recognized it as a local holiday, the first one being West Virginia, which was Anna Jarvis' home state. In 1914, Woodrow Wilson signed a proclamation about Mother's Day held on the second Sunday in May, as a national holiday for mothers. Although Jarvis was successful in founding Mother's Day, she became angry at how the holiday was interpreted. Multiple Companies made pre-made cards for Mother's Day and Jarvis was angry because the holiday was supposed to be about making hand-written letters and personal made stuff, not pre-made items that you should buy just because you're too lazy to make a letter yourself, but it didn't go too well and she was arrested for disturbing the peace. So, everyone continued to buy pre-made letters and carnations but, some people make hand-made letters just so they can appreciate their mother more.

In conclusion, Mother's Day has a long history behind it. Today, we celebrate Mother's Day in different places around the world. We celebrate our mothers for being in our lives and what they did for us. This year on May 10th, be sure to buy your mother flowers and gifts or if possible, try to make a personal hand-made gift to show how much you appreciate what she does and make sure to put thought into your gift.



Hispanic Mother's Day

Odalis Ramirez Hernandez



Hispanic cultures are traditionally matriarchal in nature so mothers occupy a special place of honor every day of the year, but especially on Mother's Day. In the United States, Mother's Day is

always celebrated the second Sunday in May. In Mexico, Mother's Day (Dia de la Madre) always takes place on May 10, no matter what day of the week it falls on. Many families then go to a special mass honoring the Virgin of Guadalupe, who is symbolical of motherhood in Mexico.

The traditional Mexican celebration is a very important one indeed. In fact, when the holiday falls on a weekday, mothers frequently take the day off from work.

The holiday often begins when the mother is awakened with a serenade by her children singing the traditional



song. Afterwards, the children present their mothers with gifts of candy, cards or flowers and even have a mariachi. Just as in the United States, celebrating Mother's Day with lunch or dinner at a restaurant is common.

Regardless of the country or culture, the love of mothers crosses international borders. This Mother's Day, celebrated in Mexico on May 10, and on May 14 in the U.S., remember to show your mom appreciation on her special day.



Ramadan!

Hira Azhar
Eshal Farhan

Ramadan is a holiday that the religion, Islam



celebrates. It is the ninth month of the Islamic lunar calendar, and it is a very holy month for Muslims. This month helps Muslims reflect on themselves, help them become a better person, to stay truthful, to worship, and to understand the importance of Islam. This month is very holy because it includes one of the Five Pillars of Islam. The Five Pillars of Islam are the ritual obligations of Muslims. Fasting during the month of Ramadan is known as the fourth pillar. Muslims take this time to focus on themselves and try to self-improve. There are many things you shouldn't do in the month of Ramadan, and some of those include eating any food or drinking any liquids during the fasting hours, smoking cigarettes, and also listening to music. Instead, they should take this time to pray 5 times throughout the day and read the Quran (the holy book of Islam). The Quran was sent down to the prophet Muhammed (pbuh) around 610 CE. Meaning that the Quran is about 1410 years old, which brings me to my next point.

More than 1,400 years ago, Muslims were commanded to fast during Ramadan. It was established as a Holy Month for Muslims after the Quran was revealed to the Prophet Muhammad (pbuh) in 610 CE on the occasion known as Laylat al-Qadr, frequently translated as "the Night of Power". Prophet Muhammad (pbuh) was passing the month in meditation in Mount Hira, when an angel appeared before him. It was soon believed that he was given the Quran from the angel, Gabriel, and a verse in the Quran talks about the holiday, Ramadan. It talked about how Ramadan is the month of guidance and soon the Muslims welcomed the holy holiday. Since then, Ramadan has been celebrated and still known to this day as a holy holiday.

During the entire month of Ramadan, Muslims are obligated to fast (Arabic: صوم, sawm; Persian: روزه, roza), every day from dawn to sunset (or from dawn to night according to some scholars). The morning meal is called Suhoor and the evening meal is called Iftar. The fasting period lasts about 10 to 16 hours. In some places like Greenland and Norway, a fasting period can last 20 hours! The Quran states that children, the elderly, pregnant women, and people that are traveling are excused from fasting. Muslims break their fast with a

date, a chewy and sweet fruit and a small amount of water. This is the way they believe Prophet Muhammad (pbuh) broke his fast. It's good to drink a small amount of water when they first break their fast because drinking too much water is not good. Then, they offer their fourth prayer of the day. When done with their prayer, they eat a large feast.

After Ramadan, comes a holiday called Eid al-Fitr. It translates to "festival of the Breaking of the Fast." It lasts about three days. Muslims get ready early in the morning and then go to the Eid prayer. They wear their finest clothes. Some women decorate their hand with henna, dye prepared from the henna plant. Before the Eid prayer, Muslims must pay an Eid charity donation, Fitrana so that the needy Muslims can prepare for the holiday. It's a tradition to exchange gifts and adults give money to children. Eid al-Fitr also marks the beginning of the tenth month in the Islamic Lunar calendar, Shawwal. This holiday is also known as "The Lesser Eid" because this day holds less importance in the Islamic calendar than Eid-ul-Adha, another important holiday.

Baby Day

Maddie Bell

Baby day is a day where we celebrate the lives of little children. Kids are blessings and watching them grow up is truly amazing. Parents can choose to have one or multiple kids. Some adults don't want any, and that's okay too. Babies are little creatures that drool, poop, pee, cry, scream, and eat anything in sight. Babies are typically called babies from when they're born until they're about 2. When they're 3 they are considered "toddlers".



This year baby day is on May 2nd. Ways to celebrate baby day is to visit people you know that have kids to appreciate them. Most people take the time to learn about parenting techniques and how to deal with children. Some people also donate clothes to those who don't have the money to buy clothes for their kids.

On Baby day some people take the time and go to adoption centers to see kids who are looking for a home and family. Some couples can't have kids of their own so adopting is the next option. Posting on websites about adoption can bring awareness and show people that there are other options when it comes to kids.

Baby day started to celebrate the young humans who were just brought into this world. Growing up isn't all that easy so this is a fun way to express that. We learn from babies as they learn from us. After all we do teach them to speak, walk, and eat. They still have a lot to learn and we can help them do it. Baby day is a fun way to celebrate the life of these little humans.

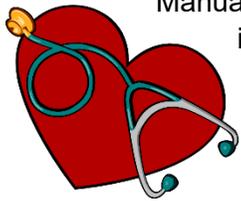
National Nurses Day

Kenya Hernandez-Olivas

National Nurses Day is on May 6 which is Florence Nightingale's birthday. Florence Nightingale was a nurse during the Crimean War. She was strict about hand washing and good hygiene and thanks to her and her helpers the death rate dropped from 42% to 2%. She is the founder of modern nursing and introduced a lot of sanitary items to British medical facilities.

May 6 is the first day of the National Nursing Week. Dorothy Sutherland sent a proposal to President Eisenhower in 1953 to have a "Nurse Day" in October but he didn't do anything about it. It was a good thing Representative Frances P. Bolton did do something about it and thanks to him nurses were able to celebrate the 100th anniversary of Nightingale's pioneering work in Crimea. It wasn't until 1982 that May 6 was really recognized as National Nurses Day when the official proclamation was signed by President Ronald Reagan. The efforts to do this started in 1981 when Congressman

Manual Lujan and nurses in New Mexico initiated a resolution. In 1993 the ANA Board of Directors proposed to have National Nursing Day annual which began in 1994.



There are 3 million working nurses in the U.S. Nurses are there to take care of you when you're hurt or sick. Doctors may tell us if we're sick or not, give us medicine, and perform surgeries but the nurses are there doing everything else. They talk to you and they bring you food and water. Nurses stay up all night and day to make sure everything is alright with their patients. They work on holidays and on weekends and they have long shifts. They may not understand exactly what a patient is going through but they are still there for you.

Things you can do to celebrate is thanking the nurses to show gratitude for what they've done. There are many nurses that would like that. You could also send care packages since nurses are all up day and forget to take care of themselves too. Another way is to take care of yourself during the virus so nurses can take care of other patients.

Nurses take care of people, talk to them, and put their time in for patients. National Nurses Day should be celebrated by people all around to show our thanks to them.

Memorial Day

Ava Bridenthal



Memorial Day is a federal holiday in the United States for honoring those who passed while serving in the military. This year it is celebrated on Monday, May 25. It used to be called Decoration Day and only honored soldiers who died in the Civil War. General John A. Logan, lead an organization for the union states civil war veterans, he declared May 30 to be dedicated to the ones who passed. On the other hand, the confederate states remembered theirs killed on different days until after World War I.

Confederate Memorial Day is still celebrated in many states including Florida on April 26, 2020 and in Georgia and Alabama on April 27, 2020. It honors the over 250,000 confederate soldiers who had died while in service. Confederate Memorial Day is observed in late April because it indicates the surrender of last major Confederate field army on April 26, 1865.

A lot of people like to make the most of the 'long weekend'. It includes having barbeques, parties, trips, vacations, and parades. There is a tradition where people wear a red poppy in remembrance. People who had family or friends who served in the military or just to pay their respects, visit cemeteries and may bring flowers. At Arlington National Cemetery, members of the Old Guard place a small American flag at every grave.

It is a day to memorialize veterans who made the ultimate sacrifice for their country. We spend time to remember those who lost their lives and those who could not come home. The national moment of remembrance is to pause for a minute of silence to honor those who have died in service to our nation at 3 PM on Memorial Day. We have our freedom because of their sacrifice.



Naples Players

Isabella Antunes

The world has changed extremely due to this virus. The entire world has shut down. School went to online using Canvas. They had to close all places getting people in any physical distance near each other. Parks, restaurants, malls, and other stores shut down. That did not stop The Naples Players.

The Naples Players is a community theater in Naples. They normally have tons of shows and classes going on. Before the lockdown order, they had *Bye Bye Birdie*, running shows and rehearsals for other shows going on. They had classes for kids' anxiety and ADHD. The virus shut this all down.

They kept working through the lockdown. They started doing zoom calls, instagram lives, and facebook lives. They continued their shows in new interesting ways. There was supposed to be an outdoor showing of "As You Like It". They took this show and turned it into a black and white movie which is to be shown when the theater reopens.

They also currently have classes on zoom. They invite famous faces in the theater for a Q and A. They have had directors, actors, and choreographers. They will then allow time for students to sing or do monologues and get feedback. They will not let this pandemic hold them back from teaching their students!



Dayanna Avila & Bianca Pereyra

TikTok is a Chinese video-sharing social network service owned by Byte Dance,

a Beijing-based company founded in 2012 by Zhang Yiming. It is used to create short dance, lip-sing, comedy, and talent video. It used to be only available in China, but it became available in the United States after merging with musical.ly on August 2nd, 2018, downloads rose and TikTok became the most downloaded app in the United States. TikTok has been downloaded over 80 million times on the United States, and

800 million worldwide, as many celebrities have begun to use the app as a source of entertainment. On September 3, 2019, TikTok and the other US National Football League (NFL) announced a multi-year partnership. The day of the NFL's 100th season kick off at the Soldier Stadium, TikTok hosted activities for fans in honor of the deal. The partnership entails the launch of an official NFL TikTok account which will bring about new marketing opportunities such as sponsored videos and new challenges.

TikTok has expanded over many markets in many countries throughout the year. As of 2018, TikTok has been available in over 150 markets, and in 75 languages. TikTok has been downloaded more than 104 million times on Apples App store during the first half of 2018. India has the largest TikTok database of over 119.3 million users and the USA coming second with over 39.6 million users.

Charlie D'Amelio is TikTok's most followed user, she is currently sitting at over 42 million followers on the app and she is just 16 years old. She first stated getting her fame because her dancing abilities and because she is very pretty. Charlie D'Amelio has also been in many tv shows and is named the queen of TikTok.

TikTok is a fun app for ages 12+ that allows them to post and watch all sorts of funny short films. TikTok started off small and then became the world's most downloaded app. This app went from lip-syncing and hand movements to dancing and funny short films to have fun and fool around. The app even has famous people on it including Kylie Jenner, Kevin Heart, Dwayne Johnson, Selena Gomez, Justin Bieber, Kendall Jenner, Lizzo and many more. TikTok has also caused many people to go viral/famous on other social media apps. TikTok is the most popular app right now and will probably stay like that for the next few years until another app comes along to take its place.

The Positive Effect of COVID-19

Cheyenne Jacoby

Everyone has heard of the coronavirus, COVID-19, this virus has already spread to all parts of the world. This virus is deadly, and it does not have a cure yet, it has closed many businesses and sporting events. This virus has many issues for humans who must wash their hands often and stay at least 6 feet away from people that are coughing or sneezing. But, with all this disappointing news a people staying in their homes in fear of this, it has benefited our environment.

Many animals have benefitted from this, with the amount of people staying home and not driving around on roads some of the animals have decided to come down and say hi. It has also helped the environmental crisis with climate change. With a lowered number of people driving the fuel our air is cleaner. With many people being forced to

work from home the amount of air pollution that had been produced has had a large decrease

Even though this horrible pandemic has affected the economy and society at least there is some positive to this. This is that with this virus at least the world is somewhat getting better slowly with the decrease of people's movements and fuel burning. So, even with people being fed up with this quarantine with some that may think it was not worth trying to shut down everything it does have benefits. Which, in this case at least is the wildlife and the environment that we all live in which is particularly important for our survival.

Movies During the Current Pandemic

Pedro Ramirez Chavez

In the crisis of the recent pandemic it is hard to find something that has not been affected by it. Money has been lost by so many industries and one in particular is the movie industry. Many movie theaters have been shut down by the state because of social distancing. This has made movie theaters close to bankruptcy and almost every movie coming out in the near future to be rescheduled. Some companies have resorted to other methods like VOD (Video on Demand).

Movies in particular release dates that have changed are "A Quiet Place Part 2", "The Sponge-bob Square-pants Movie", "Fast and Furious 9", and "The Batman", just to name a few. People are mad that movies have changed their original release date and almost to a year later, The movie "Trolls: World Tour" made big numbers for Universal by releasing it on rent at home/VOD. Universal is supposed to share profits from its movies with the movie theater companies, but this did not happen and now movie theaters are rebelling. AMC Theaters and Regal theaters will no longer show Universal movies as a result of movie release on VOD and further decisions.

Not only are movie productions being delayed, but they are also going to be hard to find at cinemas once they do get released. Billions of dollars have been lost in the global box office and it will be hard for the movie industry to recover. Many people are upset at this, for example, "Fast and Furious 9" has been pushed back a whole year, upsetting many fans. Actors schedules are getting changed and as a result some smaller movies are just flat out being cancelled and forgotten about.

With the movie industry being on hold for now, it gave other platforms a chance to rise up. Streaming platforms like Disney Plus, Netflix and VOD have grown tremendously. Some big names have changed to home releasement for now, and may tend to stay that way for future movie installments. Predictions of some loss of theaters, movies and productions from the pandemic are seeming to be true.

Corona Virus

Gabby Valdespino

Everyone thought that 2020 was going to be such a good year with good thoughts and good vibes, with new resolutions. We are now living through a terrifying and deadly pandemic. The first known case of COVID-19 (coronavirus) started in December 2019 but people just treated it like a bad cold. The disease has now spread all across the globe and is still continuing to spread.

The government has now shut down beaches, restaurants and small businesses. In some countries people aren't even allowed to leave their homes, only if it is an emergency. Since we aren't really allowed to go out, this quarantine has everyone pretty bored. Since I have so much free time on my hands I really like working out and learning new things, for example: I really like writing and running they are both very therapeutic things for me. I battle depression and anxiety and they help me calm down and keep me chill whenever I need too.

It's really important to be doing something productive at least once a day. All schools are shut down so now we have been doing online school. It is a big change but it teaches us and gets us ready for bigger things in our education.

People are not taking this virus serious enough. Many people are still hanging with it with big groups and not practicing social distancing. It is a very selfish act. We are all bored but don't be selfish.

How to stop the spread of coronavirus

Josue Quiros

Social Distancing It's so simple, just a standard six feet. Stay six feet away from people. Or quarantine yourself and stay at home unless you need to go get groceries. If you are already sick with the virus, contact medical help and self-isolate yourself at home. Standard issue protocol. You wouldn't want anybody else to get sick. You can also use face masks when you go outside to prevent getting sick or getting others sick. It is very important to wash your hands for at least 20 seconds, and make sure to get every crevice and to wash your lower forearms as well and try not to touch your face

Keep in touch with loved ones and/or work

In these times, it's a risk to make contact with others, but the 100% risk free alternative is to use devices and programs like Skype, Webex, FaceTime, etc. This way you can keep in touch with your family from home.

Conclusion

If you found this helpful, there are many more articles that could provide you with even more information if you want to go to that extent. Keep yourself safe! Use these tips every day and you will be A-Okay.

How Shelters Are Dealing with Covid-19-

Adriana Dotres

Recently, coronavirus has changed all of our lives. But what about the animal shelters? Due to Covid-19, although shelter workers are having to adjust how they work for now, the animals are still being taken care of and with a little help from the community, when shelters open back up to the public again, they will be as good as new.

Because of Covid-19, the rates of animal fostering have increased by ninety percent in some cities. Since many people are now working from home, they're able to manage the dog or cat that they've always wanted but have been too busy to care for. Many people who are living by themselves, are having a hard time social distancing and seek an animal's company. A shelter in Pennsylvania is now getting forty fostering requests a week, when before Covid-19, they only got four or five. Since so many people have applied to foster at Naples' Humane Society, they announced that they're not able to accept any more applications. This is really important to shelters that need more room to take care of animals.

Animals at the shelters need lots of care and attention, so many employees are still working everyday to meet the needs of the animals. The Humane Society of Naples has closed down the shelter to any volunteers and if you want to adopt an animal, an appointment must be scheduled, and for a visit, to the clinic, owners must schedule beforehand. Customers have been donating items such as food, blankets, and even toys.

Quarantine Hobbies

Sophie Scherer

During Quarantine the construct of time is thrown out the window. With endless time you might find yourself bored with nothing to do. Many people don't have hobbies because they no time to develop them, now is the perfect time.

5 hobbies to pick up

Play a new video game. There are a ton of video games out there for anyone. Animal Crossing New Horizons just came out and you can play for hours. Just Dance Now is free on TVs and computers to play and there's always the infamous Fortnite. Furthermore Roblox, Minecraft and Papas Pizzeria, freezeria, donut shop, and any other restaurant Papa owns is always be there for you.

Gardening: You can find seeds at almost any grocery store to grow a garden or flowers. Broccoli, carrots, and cauliflower all grow well in Florida's environment. Getting small houseplants or succulents is a great start.

Baking: Instead of making 10 batches of chocolate chip cookies which is a little repetitive try a new recipe. Tempt your taste buds with other simple baking recipes that include brownies, shortbread cookies, cake, pie and bread.

Listening to music: Making new Spotify or Apple Music playlists are time-consuming and fun. Organize and make new playlists for different moods and events. A personal dance party if you will. Playlists can be made for dancing, studying, and cleaning.

Find and watch new movies: Between Netflix, Amazon Prime, Hulu, and Disney+ you can watch tons of movies at any time. Re-watching a TV show or a series is very time-consuming such as Harry Potter or Star Wars, each takes around 20 hours. Watching every Oscar-winning best picture or every movie from a production company could also be a fun challenge.

Four Exercises to do while in Quarantine

By: Annika Andersen

The first exercise is an ab workout. This one isn't very difficult, but you are for sure going to feel sore the next day. The exercise is called the *hip dip*. For this exercise you get in the starting position for a plank, but instead of staying there you move your hips side to side and touch them to the ground on each side. For this exercise, you should do three sets of 25.

The second exercise is a leg and glute workout. This one can be a little bit of a struggle if you do a lot one after another. The exercise is a *jump squat*. This one has the directions in the name, you jump and land into a squat. For this exercise, you should probably do three sets of 15 and take a 20 second break in between each set.

The third exercise is also an ab workout. This exercise is called the *reverse crunch*. The name makes it sound complex but it's really easy. To do this exercise you lay on your back and lift your legs till you're at a 90-degree angle, while your legs are in the air you reach and touch your ankles. After you touch your ankles you put your leg down, but you don't touch the floor. For this exercise, you should do three sets of 15 or 25 as well.

The last exercise is an arm and ab workout. This one can be difficult when you first start doing it, but the more you do it the easier it will get. The exercise is called the *up and down plank*. So, same as the first exercise you get in the plank position, after you're in that position you lift one arm up and move it into the push up position, alternate each arm. For this exercise, you should alternate your arms for at least 30 seconds, so three sets of 30 seconds.



Alzheimer's

Erica McMillan

With the outbreak of COVID-19 everyone has been freaking out and taking precautions, with the hope of not catching this virus. Since this outbreak, people are not paying attention to other viruses or diseases that affect a lot of people around the world. One of these diseases is called Alzheimer's.

Alzheimers, (also known as senile dementia), is a common mental illness that affects over 5 million Americans daily. Alzheimer's syndrome is a chronic condition involving the mortality of brain cells. This is the most common cause of dementia— a gradual deterioration in cognitive, behavioral, and social abilities that interferes with a person's ability to work independently. The disease's early symptoms may be to forget recent events or conversations. A person suffering from Alzheimer's disease develops severe memory impairment and loses the ability to perform daily tasks. Current medications for Alzheimer's disease may temporarily improve symptoms or slow down the rate of decay. Indeed, these medications may help individuals with Alzheimer's disease improve function and maintain freedom for a while, but there is no cure. This disease is mostly found in people, above the age of 50, but early stages of it can occur in younger people.

Alzheimers also has symptoms that can affect judgement, choices, thinking, memory, and more. Loss in recollection is the main sign in Alzheimer's disease. Recalling current experiences is typically a complicated early indication of the disease. Memory impairments intensify as the illness develops, as certain signs emerge. When it comes to memory, it can affect the way a person talks or thinks as well. For example, the memory loss can lead to repeated statements and questions over and over again. Yes, for people who have never dealt with someone with Alzheimers before, it can be frustrating, but you have to accept and go with the situation. With the repeated statements, as such, they do not know that they are repeating themselves, and you can't tell them that they are either. It will confuse them, since their left and right cerebellum is already losing the thoughts and actions, they are doing based on the depletion of brain cells. It is always good to reassure the people with Alzheimers, rather than battle against them.

With COVID-19 disrupting the process of people's lives, and scientists stopping their research to find the cure for COVID. Other chronically inducing syndromes, diseases, and viruses have been looked past on recently. Alzheimer's, being one of the main causes of death, and common diseases in the US. When the ending of COVID comes, I hope they will spread more light to the people with Alzheimers, and try finding the cure for those patients, so their family members can see them for longer days.

May 2020

Addison Boliek

Everyone thought that 2020 was going to be a great year. But now we are living through a world wide pandemic. Everyone also thought that this year's spring break was going to be good but turns out, we aren't going back to school till next year. The first known case of the corona virus was in December of 2019, everyone brushed it off thinking that it was just a bad cold. The disease has now spread all through out the US and in many other places.

The government has shut down everything including, beaches, restaurants, shopping malls, movie theaters, and even small businesses. In other places people aren't allowed to leave their houses, only incase of an emergency they are allowed to leave. Since everything is closed no one can hang out with friends or go anywhere, so everyone is really bored.

During the quarantine it is important to do something productive. Since all schools are shut down, we are doing online school. It is very different from regular school but it teaches us to get ready for the real world. People are not taking the virus serious. A-lot of people are still hanging out with big groups of people and not practicing social distancing. It is a very important thing people should be doing so that the virus doesn't spread.

We are strong,

We are confident,

We are unstoppable,

We are GATORS!



Editor:

Susan J. Huffman