

# **All Sport Athlete Rules and Expectations for 2024-2025**

*Student Athletes are leaders in our school. They are held to a higher standard because they are leaders.*

## **EVG Student Athlete Focus: Personal Responsibility and Communication**

**Students FIRST, Athletes second!**

**If a student is in academic jeopardy, i.e.. Missing assignments, failing classes, they will be temporarily suspended from the team until they are cleared by the principal.**

1. Participants in interscholastic or extracurricular activities must attend their entire scheduled school day to be eligible to compete, and/or perform in activities on that day **AND** report to school **on time** the next day to participate in the next event or activity. Exceptions to this requirement must be cleared IN ADVANCE by the activities coordinator after conferring with the principal.
  - a. If you leave school due to an illness/injury, you may not return to participate in a school event.
  - b. The only appointments that will be excused are doctors' appointments made in advance which are communicated to the coach and activities coordinator.
  - c. Any student who seeks medical attention on the day of an event without prior approval will not be eligible to participate in that day's events.
2. Practice is MANDATORY, not optional. All athletes must be at practice every scheduled practice unless prior approval from the coach. If a student is injured and plans to stay on the team, they are required to continue to attend all practices and games, unless they have prior approval from the coach.
3. Coaches will keep attendance sheets and take attendance every practice day so that the activity coordinator or principal can request them at any time.
4. Athletes cannot leave practice early or arrive late because of work. We have talked with all the local employers, and they understand the commitment that is required of student athletes.
5. Athletes taking vacation during the sports season must get prior approval from their coach. This could cause athletes to miss games or even be released from the team. If a student athlete goes on vacation during the sports season and has approval from their coach, they must practice the total number of practices missed with the team before they are eligible to participate in games.
6. If a student athlete misses practice the day before a game, they are not eligible to participate in that game.
7. PLAYING TIME AND POSITIONS ARE NOT DEBATABLE regardless of what grade the student athlete is in or their ability. Coaches determine playing time and positions based on many factors which include practice, attitude, effort, knowledge, and skill that they see every day, every practice, and every game. Athletes must come prepared to practice with the proper apparel and equipment needed for their sport. (See coaches required equipment for each sport.)

8. 24 HOUR RULE: Parents cannot approach a coach before, during, or after a game. If parents have issues to discuss, they must wait 24 hours and make an appointment with the coach. If the parent or coach would like the activities coordinator to participate in the meeting, they must notify the AC when scheduling the meeting. Coaches will tell any parent or fan who approaches them to make an appointment. They will not engage in a discussion.

**9. Athlete Discipline:**

- a. If a student athlete receives a referral, they will not be allowed to participate in practices or games once the assistant principal notifies the coach and player. The athlete is required to still attend practice or game as an observer unless the team is leaving early from school.
  - b. If a student athlete is disrespecting students, coaches, officials, fans, teachers, or any act unbecoming of a student athlete leader at EVG, they will have a referral written even at practices and games.
10. NO CELL PHONES or EAR BUDS at practice/game. When students report to practice or arrive at the gym for games, cell phones are off and away in backpacks until practice or game is over.

**Students are expected to have personal responsibility and communication with their coaches. Students are required to inform their coaches if they arrive late to school, leave early, or miss part or all of the day.**

**They are also required to inform coaches as soon as possible of any disciplinary action they receive at school.**

EVG coaches and administrators will strive to be consistent and fair with all student athletes. What we have come to realize is sometimes due to staff shortages or absences and the difficulty for coaches to know who might be absent, tardy, or in a discipline situation, we are requiring students to step up and have personal responsibility in keeping their coaches informed immediately of any absence, illness, or discipline issue they encounter.

Student Sign: \_\_\_\_\_ Date: \_\_\_\_\_

Parent Sign: \_\_\_\_\_ Date: \_\_\_\_\_

**\*To be signed for each sport students participate in during the school year.**