

# Gulfview Middle School

## Physical Education

### Goals

The physical education program will address both the needs of the individual student and the diversity of the group. Each student will have the opportunity to grow physically, socially, intellectually, and emotionally. Through a broad range of experiences, the student will have the opportunity to explore, develop physical competence, and to view him or herself in a positive manner.

### Instructional

In accordance with the Florida Standards, the Gulfview physical education program will accomplish the above stated goals by providing a variety of team sports and individual conditioning activities. The focus of these activities will be sportsmanship, game knowledge and strategies, and fitness goal setting using the components of health and fitness.

### Expectations

1. All students will dress out daily. Dressing out includes proper shoes and GVMS uniform. Not dressing out can affect student participation grade. Appropriate sneakers/athletic shoes are required.
2. Uniforms will have the student's name clearly visible on both shorts and shirt.
3. Students will participate in class activities to the best of their ability.
4. Students will demonstrate good sportsmanship.
5. Students are to take their uniforms home EVERY FRIDAY to be cleaned.
6. Students rent a lock to secure their personal belongings in a P.E. locker. SHARING LOCKER WILL NOT BE ALLOWED. (GVMS IS NOT RESPONSIBLE FOR LOST OR STOLEN ITEMS.)
7. Cell phones AND Electronics are to be locked in your P.E. locker.
8. The use of cell phones in P.E. or the locker room is ABSOLUTLEY PROHIBITED!!

### Physical Education Rules

1. Students are to dress quickly and wait for teacher instruction.
2. Students are to respect the privacy of others while dressing.
3. Students will keep the locker room and gym clean.
4. Gum and candy are not permitted.
5. Students will sit quietly in their designated attendance spots.
6. Horseplay will not be tolerated at any time. – Be careful on the bleachers!
7. No kicking balls in the gym or outdoor basketball courts.
8. Follow directions

## Grading Policies

District Required assignments/goal setting/CER - 20%

Lifetime fitness/PE participation - 30%

Responsible Behaviors/Sportsmanship – 20%

Literacy Concepts/computer assignments 20%

Movement/Run days 10%

Extra Credit Opportunities will be available throughout the school year.

## Uniforms and Lock Rentals

Shirts- \$12 Shorts-\$15 Lock Rental - \$3

Uniforms can be purchased at any point in the year

## Medical Excuses

All students are required to participate in P.E. classes. If it is necessary to be excused from class because of illness or injury, you must have a written excuse from your parents or doctor.

The note must include a legible parent name with phone number.

Any excuse beyond three days must be accompanied by a doctor's note.

## Communication

Parents are encouraged to contact the Gulfview Middle School Physical Education department with questions or concerns via email or phone.

Gulfview Middle School: 239.377.4000

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