

Dear Family,

We are starting a unit on **Problem Solving** from Harmony SEL, our social and emotional learning program. Throughout this unit, students will learn different approaches to resolving conflict and practice a step-by-step approach to problem-solving.

Conflict is a necessary part of life. It occurs in the classroom, on the playground, at home, and in the neighborhood. Unfortunately, children are often ill-prepared to manage the conflicts they face in these settings. When this occurs, interpersonal relationships and academic progress suffer. This unit provides students with the knowledge and tools to resolve conflict successfully.

Students will learn about the three different approaches to conflict:

Conflict Avoider (*like a turtle*) **Conflict Controller** (*like a shark*) **Solution Finder** (*like an owl*)

Once students become familiar with these concepts, they will practice **Step It Up**, an approach to conflict resolution that uses the following four steps:

STOP, think, and cool off.

TALK it out.

EVALUATE possible solutions and consequences.

PICK a realistic solution and try it out.

An important part of this program is for students to continue discussing and practicing concepts outside the classroom. I'm hoping you can reinforce at home what we are learning in class. Ask your child about these concepts!

Thank you for your involvement.

Sincerely,

Mrs. Jessica Davis

Poinciana Principal