

Gulf Coast High School has a variety of sports for your son or daughter in which to participate. Research indicates that involvement in extra curricular activities results in students having a greater chance for success during adulthood. Many of the character traits required to be a successful participant are exactly those that will promote a successful life after high school. We hope the information provided within this pamphlet makes your experience with Gulf Coast High School's Athletic programs more enjoyable.

Go Sharks!



Dr. Kamela Patton

Superintendent of Schools

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**To access all of our schedules, practices,
directions to opposing schools and
upcoming athletic events go to:**

gulfoastsharks.com

OR

gulfoasthighschool.bigteams.com

***GCHS
ACTIVITIES
OFFICE***

***PARENT / COACH
COMMUNICATION***



***GULF COAST HIGH SCHOOL
ACTIVITIES OFFICE
7878 Shark Way
Naples, Florida 34119***

Phone (239) 377-1428

Fax: (239) 377-1594



PARENT /COACH RELATIONSHIP:

Both parenting and coaching are extremely difficult vocations. By establishing an understanding of each position we are better able to accept that actions of the other and provide greater benefit to children. As parents, when your children become involved in Gulf Coast's Athletic program you have a right to understand what expectations are placed on your child. This begins with a clear line of communication from the coach of your child's program.

EXPECTATIONS FROM YOUR CHILD'S COACH:

1. Coaches philosophy.
2. Expectations the coach has for your child as well as all the players on the squad.
3. Location and times of practices and contests.
4. Team requirements i.e., fundraising, special equipment, off-season conditioning.
5. Procedure should your child be injured during participation.
6. Discipline that results in the denial of your child's participation.

COMMUNICATION COACHES EXPECT FROM PARENTS:

1. Communicate directly with coach.
2. Notification of any schedule conflicts well in advance.
3. Specific concerns regarding a coaches philosophy and/or expectations.

As your child(ren) become(s) involved in the programs at Gulf Coast High School, they will experience some of the most rewarding moments of their lives. It is important to understand that there also may be times when things do not go the way you or your child wishes. At these times discussion with the coach is encouraged.

APPROPRIATE CONCERNS TO DISCUSS WITH COACH:

1. The development of your child, mentally and physically.
2. Ways to help your child improve.
3. Concerns about your child's behavior

It is very difficult to accept your child is not playing as much as you may hope. Coaches are professionals. They make judgment decisions based on what they believe to be the best for all students involved. As you have seen from the list above, certain things can be and should be discussed with your child's coach. Other things, such as those of the following page, must be left to the discretion of the coach.

ISSUES NOT APPROPRIATE TO DISCUSS WITH COACHES:

1. Playing time.
2. Team Strategy.
3. Play Calling.
4. Other student athletes.

There are situations that may require a conference between the coach and the parent. These are encouraged. It is important that both parties involved have a clear understanding of the others position. When these conferences are necessary, the following procedure should be followed to help promote a resolution to the issue or concern.

IF YOU HAVE A CONCERN TO DISCUSS WITH A COACH, THIS IS THE PROCEDURE YOU SHOULD FOLLOW:

1. Use the 24 hour rule before contacting the coach.
2. Call to set up an appointment with the coach.
3. If the coach cannot be reached call the Activities Coordinator. He will set up the meeting for you.
4. Please **do not** attempt to confront a coach before or after a contest or practice. These can be emotional times for both the parent and the coach. Meetings of this nature do not promote resolution.