

Naples High School	
Action Items Approved for Validation	
Policy Actions	Points Approved
1. Establish a health-and-wellness council that meets regularly at the school.	3
2. Enforce a policy that bans all tobacco products on school property.	3
6. Enhance your lunchroom environment to encourage students to choose healthier foods, such as food placement, posters, and suggestions by cafeteria personnel.	3
7. Discontinue using food as rewards.	3
9. Update cafeteria equipment to support provision of healthier foods.	3
10. Integrate physical activity into daily lesson plans outside of physical education class to help students stay focused and energized.	3
12. Require that students are physically active during the majority of time in physical-education class.	3
13. Incorporate "lifestyle-focused" activities into your school's physical-education curriculum.	3
15. Limit vending-machine access during the school day to foods that meet USDA Smart Snacks in School nutrition standards.	2
16. Require students to pay for unhealthy foods in the cafeteria with cash.	2
18. Do not use or withhold physical activity as punishment.	2
19. Celebrate birthdays and other events involving food no more than once a month.	2
Program Actions	
3. Create and implement a Farm-to-School Program.	3
4. Plant and maintain a school garden.	3
5. Install a salad or fruit-and-vegetable bar in the cafeteria.	3
6. Establish an in-class breakfast program.	3
7. Establish a healthy snack or cooking cart program.	3
8. Offer a purpose workshop for juniors or seniors in high school (high school only).	2
12. Train staff including food service cooks on whole foods vs. processed foods and healthy meal preparation.	3
14. Establish a volunteer program that partners with local organizations that focuses on supporting children to move naturally.	4
Flexible Points	
16. Increase Water Consumption	2
17. District 5K Event	2
Points Needed:	High 58 of 88
	60